

FHBS NEWSLETTER

Official Newsletter of the Faculty of Health and Behavioral Sciences



Who we are & What we stand for

VISION STATEMENT

We contribute to our regional and global communities through high-quality teaching, research excellence, and clinical expertise in the health and behavioural sciences.

MISSION STATEMENT

The Faculty of Health and Behavioural Science supports, promotes, and encourages exceptional teaching, research, and service, in each of its disciplines. We embrace evidence-based and interdisciplinary perspectives, and we strive to develop interprofessional collaborations and community engagement responsive to the needs of the communities we serve.



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Announcements, Events, & Updates

IMPORTANT PROGRAM CHANGES

Department of Health Sciences

There has been a **reduction** of 1.0 FCE in the required MPH program electives. A new program plan s for full-time and flex students beginning in September 2024.



The School of Social Work:

On Jan. 8, 2024, The School of Social Work (Thunder Bay) had a student orientation to field practicum event to prepare students in 3rd year of the 4-year program and students in the 1-year program for their placements.

Three **new** placement opportunities are now available:

Providence Health Care in Kingston (ON)

Southlake Regional Hospital in Newmarket (ON)

Health Sciences North in Sudbury (ON)

FOR MORE FHBS
PROGRAM
INFORMATION
VISIT:



EPID@Work

OCTOBER 17, 2023

EPID@Work Research Centre hosted its first Research into Action Conference at the Italian Cultural Centre. Here, researchers, employers, workers, unions, government representatives and local organizations came together to learn about EPID's current research projects and to explore the importance of regional research and collaboration.



Lakehead students help herald return of Curl for Kids

Dr. Susan Scott's SOWK 4300 class worked with Big Brothers Big Sisters of Orillia to organize a highly successful annual curling bonspiel, entitled, "Curl for Kids." This was one of many very useful community projects organized by this class in the HBSW program.



Our course-based MSc and Graduate Diploma Kinesiology students were invited to Alstrom (Thunder Bay Plant) for a field trip during their practical course in Ergonomics and Disability Management. For more information and career opportunities visit: <https://jobsearch.alstom.com/>



St. Joe's Showcase of Health

St. Joe's Showcase of Health poster presentation winner PhD student Jillian Zitars (top picture).

This poster presentation utilized some of the data collected in her MA thesis examining the co-response team (IMPACT) in Thunder Bay, in which crisis workers and police officers respond together to mental health crisis calls or calls with significant mental health components. The findings of this research emphasize the need for comprehensive crisis response systems that are tailored toward community characteristics, resources, and needs.



R&I Week 2024 at a Glance

Graduate Studies Research Excellence Awards

Social Sciences and Humanities Category

Casey Oliver, PhD Clinical Psychology (Supervisor: D. Mazmanian)

Graduate Student Conference Poster Winners

Winner SSHRC Category

Crystal Hardy, PhD Health Sciences (Supervisors: R. Schiff and C. Mushquash)

Winner CIHR Category

Chiao-En Joanne Kao, PhD Clinical Psychology (Supervisor: R. Schiff)

Three-Minute Thesis

First Place: Madeline Fabiano, MSc Kinesiology (Supervisor: E. Pearson)

Second Place: KarLee Lefebvre, MSc Kinesiology (Supervisor: N. Ravanelli)

3-Minute Thesis Winner

Madeline Fabiano (MSc) (bottom picture) won the 3-Minute Thesis contest and People's Choice Award, (pictured with supervisor, Dr. Erin Pearson). Through her speech entitled, "The SHINE Program: Fostering Physical Activity Among Female Undergraduates Using Peer-Based Support", Madeline won 1st place and the People's Choice Award in the 3-MT Competition. As a result, Madeline will be the sole student representing Lakehead University at the provincial competition in May!



December 7, 2023

Research Infosource has named Lakehead the number three university in Canada in the undergraduate category of its annual Research University of the Year assessment.



FULL LIST OF 22/23 STUDENT PUBLICATIONS CAN BE FOUND HERE



LAIR Galleries: Lakehead Arts Integrated Research

Jillian Jurimae (RN) (clinical instructor in Lakehead University School of Nursing), Catherine Schoales (RN), Kristen Jones-Bonofiglio (RN), & Michelle Spadoni (RN) were accepted for a juried art submission to Lakehead University Research and Innovation week Lakehead Arts Integrated Research (LAIR) Gallery titled: “The curiosity of uncovering and recovering” (4 piece, mixed media design). This submission won a LAIR award for exemplary arts in research and education. It is currently displayed in the CASES building.



Artist Statement

These four pieces depict the holistic and dynamic realities of nurses' lived experiences via the journey of crows and constructs of time/seasons, language/words, and shadow/light. The intention is to offer a common metaphor to create a conversation. The crows symbolize many dichotomous concepts of uncovering and recovering.



From the Far North to War-Torn Ukraine

MICHAELA PARENTEAU, BSN 2018



READ IT
HERE:

Eden Schwartz (HBSW'22) Stands Up for the Vulnerable

READ IT
HERE:



CALLING ALL NURSING ALUMNI FROM THE CLASS OF 1973!

The BScN class of '73 will be having their 50 + 1 year class reunion on May 27-30, 2024 in Muskokas. If you (or someone you know) was a graduate from this program, please reach out to reunion organizer, Catherine Gillies at Catherine.gillies@icloud.com



Alumna Highlight

LAKEHEAD UNIVERSITY BSCN

Kristin completed her N4502 placement in New Zealand in 2018 and has shared this update on her journey after nursing school at Lakehead University:

“Kia Ora from New Zealand. I am a Canadian RN who graduated from Lakehead University in 2018, and am currently registered and working in New Zealand. During my final year of nursing school, I was lucky enough to obtain a placement in the Neonatal Intensive Care Unit at Auckland City Hospital. The educators and coordinators were wonderful, and made sure to give myself and other students fair schedules, including weekends off to explore their beautiful country. It was not long before I found myself falling in love with the awe-inspiring scenery of black sand beaches, waterfalls, rolling hills and picturesque hikes. My preceptors were all very friendly, knowledgeable and supportive, giving me the experience I needed to become the confident and caring nurse I am today.

Fast-forward to 2024 and I now find myself calling New Zealand my home, working in the very unit I had once entered as a timid student. Upon my arrival, I was welcomed with open arms and recognized by many of the staff members. It has now been 2 years since my return, and I do not see myself leaving anytime in the foreseeable future. This February I will be returning to school, with the support of the hospital, to obtain my Neonatal Nurse Practitioner Master’s Degree. Auckland University of Technology has created an amazing opportunity; a neonatal pathway that can be completed at the pace of the student to help fill vacant Nurse Practitioner roles within the NICU. It is surreal to think that this all started with a single placement that was meant to be a once in a lifetime opportunity, but now has become my everyday reality.”



FEELING INSPIRED?
READ MORE:



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Psychology



PSI CHI, THE INTERNATIONAL HONOR SOCIETY IN PSYCHOLOGY



THE PSYCHOLOGICAL ASSOCIATION OF LAKEHEAD STUDENTS (PALS)

Nursing



LAKEHEAD UNIVERSITY NURSING ASSOCIATION

Health Sciences



HEALTH SCIENCES GRAD STUDENT ASSOCIATION

Kinesiology



THE KINESIOLOGY AT LAKEHEAD UNIVERSITY (KALU) CLUB

Social Work

SOCIAL WORK STUDENT INITIATIVE (ORILLIA)

SOCIAL WORK STUDENT ASSOCIATION (THUNDER BAY)

Other

LAKEHEAD UNIVERSITY GRADUATE STUDENTS' ASSOCIATION LUGSA



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DR. ANTHONY
MURKAR

Psychology



DR. JAMES
KRYKLYWY



DR. LANA RAY

Nursing



SASHA
DUBOIS



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LAKEHEAD *Celebrates*



MORE ON THEIR
ACHIEVEMENTS





DR. EDWARD RAWANA

Over four decades Dr. Rawana focused on a strength based approach to education, addiction, and mental health. Dr. Rawana provided training and consultation to teachers, parents, and clinicians on the implementation of these strength-based methods, with an emphasis on providing a framework for utilizing strengths in addressing behavioural challenges in children and youth. Dr. Rawana co-created a psychometric tool called the Strengths Assessment Inventory (SAI) for children and adolescents which is featured on its own website at strengthassessment.ca. His work will continue to significantly impact fields of Clinical Psychology, Social Work, Education, Nursing, and Medicine.

Congratulations to Dr. E. Rawana and Dr. R. Davis on a successful retirement



DR. RON DAVIS

Good luck to all faculty that will be pursuing alternate paths in the upcoming year



Professors, TAs and staff members play vital roles in supporting and advancing student mental health. The WellU Champions for Mental Health recognizes and celebrates those in the Lakehead community who create supportive learning environments where student mental health is valued and supported. Champions are nominated by those to whom their work matters most, Lakehead students.

CONGRATULATIONS

DR. ERIN PEARSON - KINESIOLOGY

DR. TARYN KLARNER - KINESIOLOGY

TESS C. BUCHANAN MSW/RSW - SOCIAL WORK

“[Mental health] is having space inside yourself to still be able to cope with the stress of school, work, and life. I allow and encourage students to be humans first”

DR. TARYN KLARNER

“To me, mental health is the foundation of a fulfilling life”

DR. ERIN PEARSON



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Behavioural Studies**

2024 Lakehead R&I Week Speaker Series - Trapping as Methodology: The Impacts of Climate Change and Development on the Land

This speaker session explored Indigenous land based methodologies as an evidence-based approach to planning, programming, policy making and advocacy for the health of Lands, Waters and Peoples and the roles and responsibilities of universities in regards to this work.

For more information on Dr. L. Ray's work follow: <https://lanaray-minowewe.com/>



Moderator

Lana Ray, PhD is an Anishinaabe scholar from Opwaaganasiniing (Red Rock Indian Band). She is a member of the Muskellunge Clan and an Associate Professor at Lakehead University and Lakehead University's inaugural Indigenous Research Chair in Decolonial Futures.



Panelist

Tom Morriseau Borg is a knowledge keeper from Red Rock Indian Band. He possesses extensive knowledge about his Traditional territories as a trapper and general land-based practitioner. He is a member of Ontario certified Engineering Technicians and Technologist, and previously was the Environmental Monitoring for his First Nation. He has advised on archeological digs and hydro transmission line sites and he has represented Red Rock Indian Band on the Water Management Committee, the Lake Nipigon Advisory Committee and has been a member of Local Citizens Committee for Forestry planning and issues for over two decades among other things.



Panelist

Dr. Stéphane McLachlan, Professor, Clayton H Riddell Faculty of Environment, Earth, and Resources. Steph's work with students and colleagues through the Environmental Conservation Lab at the University of Manitoba focuses on environmental justice and health, traditional foods, environmental monitoring, and Indigenous data and research sovereignty. It is all partnership-based and bridges Indigenous science with the natural and social sciences. This Indigenous-led work documents and challenges the disproportionate impacts of hydropower, mining, and other intensive resource extraction on these communities. Yet, it is also solutions-oriented and advocacy-based. In amplifying local voices and concerns with decision-makers and the public, it acts to increase public awareness and facilitate political change regarding these issues.



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**Indigenous
Initiatives**

Dr. Aislin Mushquash and Dr. Christopher Mushquash are both Clinical Psychologists at Dilico Anishinabek Family Care and work closely with Dilico’s Research Advisory Board to develop and implement research projects that support the needs of Indigenous children, youth, and families and the priorities of Dilico and their partner First Nation communities. Dr. Aislin Mushquash and Dr. Christopher Mushquash are dedicated to creating clinical training opportunities, research opportunities, and health systems that better support Indigenous children, youth, and families.



CANADA GAIRDNER MOMENTUM AWARD 2023

Christopher Mushquash

Awarded “For Indigenous-led mental health and substance use research that leads to culturally and contextually appropriate services for Indigenous children, adolescents, and adults.”



- Dr. Aislin Mushquash and her PhD student Angela MacIsaac received an Insight Grant for \$99,349 over three years to research the relationships between trait victimhood and interpersonal stress and trauma.

BSCN PINNING CEREMONY
(THUNDER BAY COMMUNITY AUDITORIUM)

Friday, May 31, 2024 @ 3pm EST

THUNDER BAY CONVOCATION
CEREMONIES (THUNDER BAY COMMUNITY
AUDITORIUM)

Thursday, May 30, 2024 @ 9am EST.

Faculty of Business Administration, Faculty
of Law, and Faculty of Science and
Environmental Studies

Thursday, May 30, 2024 @ 2pm EST.

Faculty of Health and Behavioural Sciences,
Faculty of Natural Resources Management,
and Faculty of Social Sciences and
Humanities

Friday, May 31, 2024 @ 9am EST.

Faculty of Education, and Faculty of
Engineering

ORILLIA CONVOCATION CEREMONY
(ROTARY PLACE)

Friday, June 7, 2024 @ 10am EST.

All Faculties

**Check your
Lakehead
University email
for all updates
regarding all
graduation
information**

**2024
Spring/Summer
registration is
now open**



If you have any questions, contact convocation@lakeheadu.ca



KEEP CALM
—••• AND •••—
GOOD LUCK
ON YOUR EXAMS

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@lu.fhbs

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