

THUNDER BAY, ONTARIO

Counsellor/ Psychotherapist



Position Overview

We are seeking a dedicated Counsellor/Psychotherapist to join our team. In this role, you will deliver structured, evidence-based psychotherapy to clients in alignment with the Ontario Structured Psychotherapy (OSP) Clinical Training guidelines. This position is ideal for a professional who values high-quality, client-centered care, continuous professional development, and collaboration within a supportive team environment.

About Thunder Bay Counselling

At Thunder Bay Counselling, we are committed to enhancing quality of life by providing community-based mental health services that make a meaningful impact on individuals and communities. With a mission rooted in supporting mental health and well-being, we prioritize *People First*, value *Social Inclusion*, and embrace *Flexibility*, *Quality*, and *Shared Responsibility*. If you're a skilled, compassionate professional looking to contribute to a supportive and purpose-driven team, we invite you to apply.

Key Responsibilities

Deliver Individual Therapy: Provide structured, protocol-based psychotherapy, including Cognitive Behavioral Therapy (CBT) and Cognitive Processing Therapy (CPT), following OSP Clinical Training guidelines.

Conduct Clinical Assessments: Perform comprehensive assessments to identify symptoms, set treatment goals, and create individualized treatment plans, including discharge planning.

Safety Planning: Work with the OSP Clinical Coordinator to develop and implement safety plans as needed, ensuring client safety and well-being.

Continuous Learning: Participate in the OSP Clinical Training Program and engage in ongoing professional education to maintain high standards of care.

Clinical Consultation: Engage in regular clinical consultations and activities, adhering to OSP fidelity monitoring requirements and program guidelines.

Documentation & Reporting: Maintain accurate and timely records, including data collection to evaluate client progress and service outcomes.

Client Care Coordination: Identify when a client's needs extend beyond the scope of the current service and utilize a stepped care model to connect clients with appropriate resources. Work closely with the OSP Clinical Coordinator to arrange step-up or step-down care as required.

Service Navigation: Support clients who are transitioning out of the OSP program by providing service navigation and additional support as needed, in consultation with the OSP Clinical Coordinator.

THUNDER BAY, ONTARIO

Counsellor/Psychotherapist

Qualifications

Education: Degree in Social Work, Psychology, Counselling, or a related field, with Master's level preferred.

Licensure/Certification: Registered or eligible for registration with a relevant regulatory body, either the College of Registered Psychotherapists of Ontario or the Ontario College of Social Workers and Social Service Workers.

Experience: Five (5) years proven experience in providing counselling/psychotherapy in a fast-paced, structured environment.

Skills: Strong assessment, communication, and documentation skills; familiarity with stepped care models; ability to collaborate effectively within a team.

Attributes: Empathetic, client-focused, adaptable, and committed to continuous learning.

Why Join Us?

People First: We prioritize your well-being and offer a flexible, supportive work environment where you can thrive personally and professionally.

Commitment to Quality: We are dedicated to delivering high standards of care and fostering professional growth through continuous training and development.

Inclusive Culture: We value Social Inclusion and are committed to creating a safe, welcoming environment for both our clients and our team members.

Shared Responsibility: Join a collaborative, mission-driven team where everyone plays an essential role in delivering impactful mental health services.

Benefits

Life, accident and critical illness insurance, extended health coverage, dental coverage, short- and long-term disability, Employee and Family Assistance Program, Paid Time Off benefits (28 days per year at start of employment), and group retirement plan with 200% employer contribution.

Salary Range

\$39.04 to \$46.37 per hour

Application Deadline

Date: Tuesday, December 10, 2024

Time: 4:30 p.m.

Apply today to join our team and help us support individuals in our community.
Qualified applicants are invited to submit résumé and cover letter to:

Carolyn Loiselle, Human Resources Assistant

careers@tbaycounselling.com

Thunder Bay Counselling celebrates and supports the differences in thoughts, views and beliefs that come from diversity in race, colour, abilities, gender identity and expression, sexual orientation, age, religion, relationship and family status, and socio-economic backgrounds. We strive for a workforce that is representative at all levels of the people we serve. We encourage and welcome applications from qualified individuals of equity deserving groups. Accommodations are available upon request at any stage in the selection process.