

The Department of Gender and Women's Studies'
Lunch & Learn presents...

Who's Afraid of Childfree Cat Ladies:
Exploring Experiences of Stigma and
Self-Stigma in Childfree Women



Date: **Oct. 31st, 2024 (Thursday)**

Time: **12:00 pm to 1:00 pm**

Location: **Virtual (Zoom)**

Speaker: **Erika Puiras**

Zoom details:

Click the link or use the QR code to join

<https://lakeheadu.zoom.us/j/98351394260>



Meeting ID: 983 5139 4260

Erika Puiras will present her doctoral research on experiences of stigma and self-stigma in childfree women. Stigma toward women who make the conscious choice to not have children (i.e., being childfree) is abundant; this stigma can come from friends, family, employers, and even from healthcare providers. In her presentation, Erika will discuss how these experiences of stigma may be associated with various health and mental health outcomes, including the potential for self-stigma to develop.



Lakehead
UNIVERSITY

Department of
**Gender and
Women's Studies**