

Dear Health Care Professional,

You are being asked to complete the following Medical Documentation Form by an employee who is requesting accommodations due to a medical limitation/restriction. We seek the following information:

1. Confirmation and verification that the employee has a permanent or temporary disability/medical condition
2. Confirmation of functional limitation the employee experiences directly related to their disability/medical condition

Please note interim accommodations can be provided for employees who are in the process of being assessed for a mental health disability.

Lakehead University is guided by the Ontario Human Rights Code and the Lakehead University Accommodation for Employees with Disabilities Procedure (temporary and permanent, work/non-work related). We rely on your assessment and detailed knowledge of this employee and their disability/medical condition to provide us with a description of the current functional limitation and restrictions that may impact their ability to complete their assigned duties.

The information you provide will be used by the Office of Human Resources to design an individualized accommodation plan. This plan helps to ensure the employee has an equitable opportunity to fulfill the essential occupational requirements at Lakehead University.

Disclosing a diagnosis is not required to access accommodations. Any information provided on this form will be kept strictly confidential and will not be shared with anyone outside of the Office of Human Resources without the employee's written consent.

If you have any questions or concerns, please contact our office:

Thunder Bay and Orillia Campus

Phone: (807) 343-8010 ext. 8671

Fax: (807) 346-7701

Email: trmoore@lakeheadu.ca

Functional Accommodation/Abilities Form For a Timely Return To Work

SECTION A: Completed by the Employee

Employee Name	Date of Assessment:
Job Title	DOB

Authorization: I authorize my health professional involved with my treatment to provide my employer with this form when completed, containing any medical limitations/restrictions related to my ability to return to work and perform my assigned duties.

Employee Signature: _____

Date: _____

SECTION B: (to be completed by a licensed medical practitioner)

Complete all relevant sections. Missing information will require the employer to follow-up. Please reference any job description, physical demands analysis or job summary that have been provided in determining any restrictions.

- Normal Functional Abilities - fit for regular duties and hours. **Skip to Section E**
- Reduced Functional Abilities - fit for work with the limitations/restrictions. **Complete all Sections**
- Unfit to Work. **Complete all Sections**

Is the employee under your active care?	<input type="checkbox"/> Yes	<input type="checkbox"/> No, please indicate other treatment providers:
Date of Next Medical Review	<input type="checkbox"/> Yes	<input type="checkbox"/> No, please explain:
Is there a treatment plan in place?	<input type="checkbox"/> Yes	<input type="checkbox"/> No, please explain:
Is the employee compliant with the Treatment?	<input type="checkbox"/> Yes	<input type="checkbox"/> No, please explain:
Was a formal assessment, testing or measurement completed to determine functional abilities?	<input type="checkbox"/> Yes	<input type="checkbox"/> No, please explain:
Estimated Return to Work Date (if absent):		

SECTION C: (to be completed by a licensed medical practitioner)

PHYSICAL LIMITATIONS <input type="checkbox"/> This employee does not have Physical Limitations			
Lifting floor to waist: <input type="checkbox"/> Full abilities <input type="checkbox"/> 5-10 kg <input type="checkbox"/> Up to 5 kg	Lifting waist to shoulder: <input type="checkbox"/> Full abilities <input type="checkbox"/> 5-10 kg <input type="checkbox"/> Up to 5 kg	Lifting at or above shoulder: <input type="checkbox"/> Full abilities <input type="checkbox"/> 5-10 kg <input type="checkbox"/> Up to 5 kg	Sitting/Standing/Walking: <input type="checkbox"/> Full abilities <input type="checkbox"/> 60 mins <input type="checkbox"/> 15-30 mins
Hand Function Dominance: <input type="checkbox"/> Left and/or <input type="checkbox"/> Right <input type="checkbox"/> Full abilities <input type="checkbox"/> Avoid gripping/pinching	Pushing/Pulling: <input type="checkbox"/> Full abilities <input type="checkbox"/> Occasional	Reaching: <input type="checkbox"/> Full abilities <input type="checkbox"/> No over the shoulder <input type="checkbox"/> No overhead	Bending/Crouching/ Kneeling/Climbing: <input type="checkbox"/> Full abilities <input type="checkbox"/> Occasional

SECTION D: (to be completed by a licensed medical practitioner)

PSYCHOLOGICAL/EMOTIONAL LIMITATIONS <input type="checkbox"/> This employee does not have Psychological/Emotional Limitations			
Supervision Required: <input type="checkbox"/> Constant <input type="checkbox"/> Frequent <input type="checkbox"/> Limited	Supervision of Others: <input type="checkbox"/> Unable to supervise others or take any responsibility for their safety <input type="checkbox"/> Can provide limited direction to others and take some responsibility for their safety <input type="checkbox"/> Can provide direction to others and take responsibility for their safety with assistance or monitoring	Tolerance to Deadlines: <input type="checkbox"/> Cannot deal with deadlines <input type="checkbox"/> Able to meet recurring deadlines <input type="checkbox"/> Able to meet deadlines, with time management assistance	Attention to Detail: <input type="checkbox"/> Severely limited <input type="checkbox"/> Limited <input type="checkbox"/> Requires occasional breaks
Performance of Multiple Tasks: <input type="checkbox"/> Can deal with one task at a time <input type="checkbox"/> Can handle more than one, with cues <input type="checkbox"/> Can handle more than one, with time management assistance	Concentration and Tolerance for External Stimulus: <input type="checkbox"/> Needs non distracting work environment <input type="checkbox"/> Can cope with small degree of distraction <input type="checkbox"/> Can cope with distracting stimuli a portion of the day	Ability to work with others: <input type="checkbox"/> Has difficulty working effectively unless alone <input type="checkbox"/> Tolerates others in vicinity, but requires independent tasks <input type="checkbox"/> Can work with others cooperatively when required.	Ability to cope with confrontational situations: <input type="checkbox"/> Unable to cope with confrontational situations <input type="checkbox"/> Can cope when backup is available <input type="checkbox"/> Moderate ability to cope with confrontational situation
Decision Making/ Judgement: <input type="checkbox"/> Errors in judgement or indecision likely <input type="checkbox"/> Has difficulty making decisions and/or may require support in decision-making tasks. <input type="checkbox"/> Hesitates to make decisions or doesn't trust their own judgement	Learning and Memory: <input type="checkbox"/> Severely limited <input type="checkbox"/> Limited but ability to perform tasks with guidance <input type="checkbox"/> Moderate ability; easily recalls when prompted.	Communication: <input type="checkbox"/> Unable to communicate effectively <input type="checkbox"/> Able to communicate with familiar audiences in a limited capacity <input type="checkbox"/> Able to communicate with familiar and unfamiliar audiences when required	Adaptation: <input type="checkbox"/> Unable to cope with change <input type="checkbox"/> Able to cope with minor changes when provided notice in advance <input type="checkbox"/> Able to cope with moderate change

